

# Market Weighton Practice Newsletter

Issue: 01 | August 2021

## Welcome to the first edition of our practice newsletter.



We're pleased to introduce you to our latest Practice news and wider Trust announcements through this bulletin, which you can expect to receive several times a year from this month onwards.

In this month's edition, we celebrate award shortlists, welcome new members of the

Trust Board, and introduce you to roles in our team.

We also present the latest practice news, including the ways in which we are following government guidelines during the pandemic, shine a light on new service enhancements and let you know what goes on behind the scenes at your local GP Practice.

We will continue to let you know of any upcoming events, or ways you can get involved in Trust activities and how you can make a positive impact at your Practice.

Your feedback on this newsletter is welcomed, and we would also be delighted to hear of any ideas of content you would like to see in a future edition of the newsletter. You can do so by emailing [hnf-tr.communications@nhs.net](mailto:hnf-tr.communications@nhs.net).

We hope you enjoy this newsletter and look forward to receiving your next copy in October.

**Iqbal Hussain, GP Lead for the Community & Primary Care Division at Humber Teaching NHS Foundation Trust**

## Service Spotlight

### YOURhealth service

The YOURhealth service now works at our Market Weighton Practice 3 days a week – Monday, Wednesday

and Thursday.

The service has two main roles at the practice, a Community Link Worker, who can support patients with signposting to services which can help with a variety of non-medical issues such as loneliness, carer support, welfare, debt, housing and relationships.

The other is a Health Trainer, who can provide a programme of support for health and wellbeing improvement, including smoking cessation, weight management and alcohol management.

**How to book an appointment** - call the YOURhealth service on 0800 917 7752 or visit <https://www.nhs-health-trainers.co.uk/> for more information.

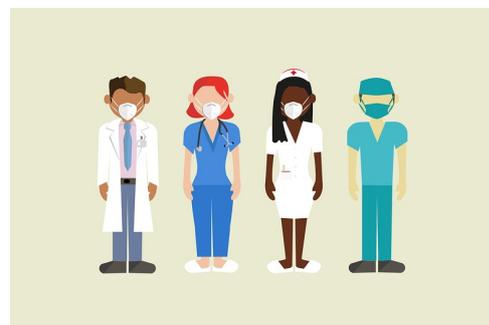
## Latest Practice News

**We are pleased to announce the latest news at Market Weighton Practice.**

- Air Conditioning has been installed in patient waiting areas
- Patients can now pay via card for services instead of using cash only
- We are welcoming new staff to both our admin and clinical teams
- Practice teams are working with Beverley PCN for the successful delivery of Covid-19 vaccinations for our patients

## Get to know our Practice

GP Practices today are made up of multidisciplinary clinical roles who work together as a team, to care for and treat our patients. In this section, we will introduce the different roles in our team, which you may come across at the surgery when you next visit.



### Role of the month: Advanced Nurse Practitioner

#### What is an Advanced Nurse Practitioner?

We are trained specialist nurses who have undertaken additional education, in order to provide advanced nursing care and prescribe.

#### When would you get to meet us?

We can provide treatment and advice for many problems for which you may have seen a Doctor for in the past. You will be offered an appointment with me when you need to be assessed and examined for a health problem. We can make a diagnosis and provide advice and treatment, including prescriptions and blood tests. We can also make referrals to other health care professionals, and admit patients into hospital when necessary.

#### How do we work with the wider team?

Unfortunately, we are unable to legally sign a sick note, so we would work with a GP in these circumstances, and liaise frequently with them about your care, especially if you are a patient with complex and long-standing medical problems.

## Practice Performance

### Contacts per month

We're pleased to say that 60% of our appointments are now face-to-face. This is an improvement on the national average of 55%. See table below.

	Jan-21	Feb-21	Mar-21	Apr-21	May-21	Average contacts per Month
Face to Face	2701	2855	3528	3844	3537	3293
Telephone	1306	1363	1805	1868	1647	1597.8
Home Visits	45	49	70	69	66	59.8
Engage Consult	428	559	561	577	633	551.6
<b>Total</b>	<b>4480</b>	<b>4826</b>	<b>5964</b>	<b>6358</b>	<b>5883</b>	<b>5502</b>
DNA	49	37	92	67	94	67.8

### NHS App uptake

It's great to see so many of our patients are registering on the NHS App. The app is a fantastic resource for booking appointments, ordering prescriptions and getting advice.

You can download it on any mobile device from your app store.



## Latest Trust News

### Patient Safety Award Shortlists



We are delighted to announce that Humber Teaching NHS Foundation Trust has been shortlisted for four Health Service Journal (HSJ) Patient Safety Awards:

- Maternity and Midwifery Initiative of the Year award
- Learning Disabilities Initiative of the Year award
- Improving Safety in Medicines Management award
- Improving Care for Children and Young People Initiative of the Year award

These nominations come as welcome recognition of the hard work done by NHS teams, throughout one of the most challenging years they have ever faced. Well done to everyone involved.

### New Non-Associate Director joins Trust Board

We are pleased to announce the appointment of Associate Non-Executive Director, Mr Hanif Malik OBE.

Hanif will take on the post on 1 July 2021, for an initial period of two years.

Hanif has over 20 years' experience operating at a senior level in the not for profit and public sectors. He is currently Director of a Charitable Foundation having held previous roles as Chief Executive of a leading Community organisation in Leeds and Chief Operating Officer of an International Humanitarian Charity.



### New Mental Health Advice and Support Line

The Mental Health and Crisis Line for Humber Teaching NHS Foundation Trust changed on Monday 19<sup>th</sup> July, 2021. The new Mental Health Advice and Support Line is accessible via Freephone **0800 138 0990**.

**The line is available** 24 hours a day, 7 days a week and is free to access for anyone over the age of 18, who lives in Hull and the East Riding of Yorkshire.

This partnership will help people in our local communities to get the right help, at the right time, and has been made possible due to our ongoing partnership with Hull and East Yorkshire Mind.

Find out more about where adults and young people can get support in the East Riding, here: <https://www.humber.nhs.uk/get-support.htm>



## Health News

### Accessing the right care for you

We know that finding the right place to go when you become ill or are injured can be confusing.

The Choose Well campaign outlines the benefits of accessing NHS 111 as a first point of contact for variety of healthcare reasons. This is just one of the tools available to help you choose well and stay well in the East Riding of Yorkshire.

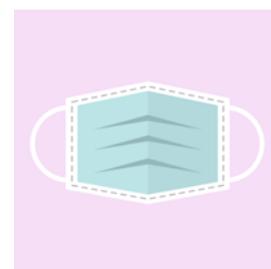
The campaign also aims to clarify the methods you can use to book appointments, manage prescriptions and get support. This includes the NHS app, telephone appointments and E-Consultations.

Read more here: <https://www.eastridingofyorkshireccg.nhs.uk/choose-well/>

### Wearing a mask in NHS Buildings

While we understand that the national guidance for mask wearing changed on 19<sup>th</sup> July, we would like to remind you that masks are still to be worn at all times, unless you are exempt, when in an NHS building. This includes at your GP Practice.

By co-operating with these ongoing measures, you are helping us to keep people safe and lower virus transmission in our area. Thank you.



## Patient Participation Group (PPG)

The Market Weighton PPG provides an excellent forum to discuss constructive suggestions for improving the practice, and is a place for patients to share concerns that could affect the wider practice population.

Recently, members of the PPG have toured the practice to better understand the impact Covid guidance has on our members of staff, such as social distancing and wearing PPE.

### How to join the PPG

You must formally register as a member of our PPG in order to attend the regular meetings they hold. Please find full details here: <https://www.marketweightonpractice.nhs.uk/ppg.aspx>

PPG meetings have continued throughout the pandemic in a Covid-safe way. If you are a registered PPG member, you can join our upcoming meeting in August 2021.



## Events

### Annual Research Conference

Our Annual Research Conference is occurring virtually and in-person on the **17 and 18 November, 2021**. Speakers will include Prof Calum Semple OBE, Child Health and Outbreak Medicine Professor, University of Liverpool and Prof Tim Kendall, NHS England's National Clinical Director for Mental Health, and many more!

To find the full event details and to sign up, visit: <https://bit.ly/3j18y8n>

