

Minor Injuries



East Riding of Yorkshire
Clinical Commissioning Group

Where do I go to get treatment?

Your local
Minor Injury Unit

A fast and handy way to get trustworthy advice and treatment for all minor injuries and illnesses.

Throughout Hull and East Riding there are a number of minor injury units for less serious injuries, such as deep cuts, eye injury, severe sprains, minor head injury, minor burns and scalds and less serious broken bones.

Many people go to Accident and Emergency when they could be treated just as well and probably quicker at a minor injury unit. In Accident and Emergency staff must give priority to serious and life-threatening conditions, so if you go there with a minor injury you may have to wait longer to be seen. It is better to go to a minor injury unit where they can see and treat.

- Less serious fractures
- sprains
- strains
- cuts
- bruises
- minor burns

You don't need an appointment to visit a minor injury unit. They are run by a team of highly qualified nurse practitioners with a lot of experience and expertise in the treatment of minor injuries. Children over the age of 18 months can also be treated at a minor injury unit.

Bridlington, Wolds View Primary Care Centre, Bridlington and District Hospital (Entrance A), Bessingby Road, Bridlington, YO16 4QP

Minor Injuries and Minor Illness Services - Please note - This integrated service also provides a GP Practice for people living in and visiting Bridlington.

Open 7 days a week, 8am-9pm (including Bank Holidays)
01262 423008

East Riding Community Hospital, Swinemoor Lane, Beverley

Open Monday - Friday, 9am - 5pm (Weekends and bank holidays - open 9am to 6pm)
01482 886600

Driffield - Alfred Bean Hospital, Bridlington Road

Open 7 days a week, 9am - 6pm (including Bank Holidays)
01377 208733

Goole and District Hospital Woodlands Avenue

Open 7 days a week, 24 hours (including Bank Holidays)
01405 720720